



# CHAPEL HILL TRACK AND FIELD



## ALL COMERS-INVITATIONAL Schedule of Events

9:30 AM Coaches Meeting-Center of Football Field

10:00 AM Field Events Begin

First Attempt will be measured then athlete must meet more than then the minimum mark.

Pole Vault –HS Girls, HS Boys together on pit

Discus – Girls- 60' Boys –90'

Shot – Girls – 25' Boys – 35'

Triple Jump – Girls-30' Boys 38'

Long Jump- Girls 14' Boys -18'

High Jump- Girls then Boys (Five Alive)

10:00 AM: Boys: Discus, High Long Jump

Girls: Shot Put, Triple, High Jump

All Pole Vault Girls then Boys

11:15 AM: Boys: Shot Put, Triple Jump, High Jump

Girls: Discus, Triple, High Jump

11:00 AM Girls and Boys 1600 Meter Run

First Call 12:00

I would estimate running begins around 12:30pm (Rolling Schedule)

GIRLS THEN FOLLOWED BY BOYS

4x100

400

100

100/110 Hurdles

800

200

300 Hurdles

3200 (2 Heats) Girls then Boys

4x400