

Last Name: _____ First Name: _____

Grade: 9 10 11 12 Student Number: _____

**2019 CHAPEL HILL HIGH SCHOOL
TRACK AND FIELD SIGN UP CHECKLIST**

***** MANDATORY CHECKLIST*****

Using our Team Website, please complete the following checklist

www.chapelhillfast.com

You will not participate in Jan. until verified by Coach Mihalik

		INITIAL	DATE COMPLETE
1	Complete the <u>Athlete Registration</u> under <u>Important Information Tab</u> All Returners need to do this as well, I've deleted last season information		
2	Complete the <u>Parent Registration</u> under <u>Important Information Tab</u> All Returners need to do this as well, I've deleted last season information		
3	Chapel Hill Mandatory Sports Physical (available online forms tab) Physicals are good for one calendar year. If you are not sure about the status of your physical, please email Coach Mihalik and he will let you know. <u>Please Turn in the Front Office</u>		
4	Concussion Form (available online forms tab) Included with Physical Packet		
5	Drug Consent Form (available online forms tab) Included with Physical Packet		
6	Emergency Medical Form (available online forms tab) Included with Physical Packet		
7	Concussion Form (available online forms tab) Included with Physical Packet		
8	Conduct Form (available online forms tab) Included with Physical Packet		
9	Attendance Policy Form(available online forms tab) Read and Sign and Attach		
10	Dues/Uniform Form(available online forms tab) Payment Due 12/18/19 & 1/11/19		
11	Make Sure Athlete and Parent signed Up for Remind101: If you signed up a previous season you are good. If not, under Important Info Tab		

QUESTIONS – EMAIL: travis.mihalik@dcssga.org

**Your completed Checklist must be turned into Coach Mihalik by Friday
December 14, 2018**

Please turn form in the front office or to Coach Mack

